



Dear friends,

Come join me for our **2nd ANNUAL OVERNIGHT WOMEN'S RETREAT** at beautiful Kingswood Methodist Camp in Hancock, New York, on Monday & Tuesday, August 8-9.



CONTEMPLATIVE THEME: Once again will be exploring diverse ways to practice God's presence in your everyday life, from sewing to walking the labyrinth, to breaking bread together, to vespers at Stone Ministry. This is an excellent opportunity to practice self-care, power-down and experience God's presence in your life. There will be guided activities as well as time on your own to write, create, swim, canoe, hike or just be.

MISSION PROJECT: We will be sewing sturdy, colorful laundry bags for Laundry Love – a mission that provides free laundry service for persons struggling financially in the Danbury, CT area. No sewing experience necessary. <http://www.laundrylove.org/about>



REVIEWS FROM LAST YEAR:
Participants described their experience as:
revelatory. - - yummy food
lots of laughs. – peaceful – good fun
interesting people – inspiring
renewing – meaningful

RETREAT FEE:

Option One: \$75 includes 3 meals, snacks, and activity supplies, overnight tent camping

Option Two: \$65 includes 3 meals, snacks, and activity supplies – no overnight accommodations (see info on local hotels)

Camping accommodations are in large, airy tents on a raised platform that sleep six persons on bunks with clean, decent mattresses. All you need to bring is a sleeping bag or sheets and blankets and a pillow.



If you prefer not to stay in the shared tent, you can bring your own tent OR we have a limited number of small tents available.

"The Oasis" building is right across the street from the campsite and the Barn have clean toilets, sinks, and hot showers. There are also outhouses at the



Real porcelain and running water!

campsite and near all activity areas. Bring your own toiletries and towels.



HOTEL OPTION: If you are not wild about sleeping in a tent, there are lovely, reasonably priced accommodations 12 minutes away at the Hancock House Hotel. I checked the hotel out in person: all the workers are required to be vaccinated and they are abiding by all the extra Covid cleaning protocols. \$130/night <https://hancockhousehotel.com/> You are responsible for making your own hotel reservation.

MEALS Chef Peter (a.k.a. my husband) will be making supper, breakfast and lunch. We will provide coffee, tea, drinks and snacks. With advance notice, Peter is happy to accommodate any dietary restrictions you might have. And there just might be s'mores around the campfire, too.

ARRIVAL: 1:00pm on Monday, meet at the Barn across from the main parking lot.

DEPARTURE: 4:00 pm on Tuesday.

You are welcome to arrive earlier on Monday (bring your own lunch) and stay later on Tuesday to explore Kingswood on your own.



RAIN OR SHINE, we are prepared. The giant two-story former dairy barn has plenty of space for us to gather, eat and relax. It is well ventilated with large sliding doors on both ends.

COVID PRECAUTIONS: ALL PARTICIPANTS MUST BE FULLY VACCINATED.

There are ample hand-washing stations. All our activities will be outdoors or in the large, well-ventilated barn.

TO RESERVE A SPOT, PLEASE REPLY TO THIS E-MAIL by July 10th

Space is limited to 10 participants

PAYMENT CAN BE A CHECK MADE OUT TO Maria-Pia Seirup (see address below), or by Venmo @Maria-Pia-Seirup. Payment must be received to reserve a spot.

There is no online registration for this retreat. You will receive more details a week before the retreat with a suggested packing list and more detailed schedule of activities.

SPREAD THE WORD! This retreat is open to all women (over the age of 18) who are interested in exploring their spiritual life.

Questions? Call me!

I look forward to sharing this special time together,

Maria Pia

Check out <https://kingswoodcampsite.org/> to see more photos.

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Rev. Maria-Pia Seirup

Contemplative Maker - PeaceWork, inc.

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